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Be responsible!

KA1 Training for youth workers

27th August – 4th September 2019 (including 2 days of travel)

Wisła, Poland

The training for youth workers "Be responsible!" will take place from 27th August - 4th September 2019 (including 2 days of travel) in Wisła, Poland. It will be attended by 27 youth workers from 9 countries: Bulgaria, Cyprus, Italy, Macedonia, Romania, Poland, Portugal, Slovakia, Spain.

The training aims to better prepare them youth workers for conducting activities within non-formal education. On the one hand, it will allow them to create an atmosphere that encourages young people they work with, to ask questions and develop their critical thinking. On the other hand, it will help to develop a greater interest of youth by introducing new forms of conducting educational activities (more 'appropriate' for non-formal education) by youth workers.

The goals of the training are as follows:

- To develop the competence of the Super Coach - a person who is able to interest young people on the subject of responsible consumption and fair trade, who is not afraid of any questions, can arouse curiosity of young people, and efficiently control the unexpected situations during their activities with youth (currently perceived as difficult);
- To share knowledge / experience, as well as inspiration on the sources of knowledge and forms of conducting educational activities with young people.

The ultimate goal is that participants will be able to introduce this newly gained knowledge and skills in their every day work with youth. Their sense of self-confidence in conducting non-formal education activities on responsible consumption and fair trade will increase. As a consequence, it will allow them to conduct more interesting non-formal education activities for youth, with an atmosphere that encourage young people to use their critical thinking, ask questions and finding the answers together .



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Profile of the participants

The training will be attended by 27 youth workers from 9 countries. Requirements:

- Youth worker (actively involved in activities dedicated to young people within non-formal education)
- Aged 20+
- Knowledge of English language enabling an active participation in the training.
- Experience in promoting issues related to fairer commercial relations (e.g. fair trade) and / or responsible consumption among young people;
- High motivation to share his / her experience with other participants of the training.
- Willingness to share acquired knowledge and skills in her / his local environment (there are two obligatory dissemination events that should be conducted by participants – please see in the later pack of this InfoPack).

Dates and schedule

Participants should arrive before 6 pm on 27th August 2019 (Tuesday). The departure will take place on 4th September 2019 (Wednesday) after breakfast. **Please note that you cannot arrive later or leave earlier.**

	Morning	Afternoon
27.08		Arrival
28.08	Getting to know each other; Plan of training; YouthPass	
29.08	Super Trainer - competence profile of a trainer who conducts interesting classes in non-formal education devoted to responsible consumption and fair trade	What do I need to learn & what skills I need to develop to become a Super Trainer?
30.08	KNOWLEDGE Fair Trade & Responsible Consumption – knowledge and reliable sources	
31.08	SHARING INFORMATION It is not only about knowledge. Ways of sharing knowledge with youth is equally important.	
01.09	CHALLENGES – practical exercises	
02.09	CHALLENGES – searching for solutions	Creative task I – development of video
03.09	Creative task I – development of video	Q&A session; Evaluation
04.09	Departure	



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The more detailed schedule and plan of the training will be shared in July 2019 with chosen participants.

What you should prepare for the training?

Participants will be actively involved in the training. The group from each country need to prepare 3 below listed tasks.

All tasks should be conducted together by participants from 1 country – you need to cooperate on this ☺

Task 1. The “table” of your country for international evening

What to bring? Anything that can introduce your country to other participants. Food, drinks, a flag... You can also prepare national song, dance... Only your imagination is the limit ☺

Task 2. Non-formal education tool dedicated for promotion (among youth) fairer trade relations (e.g. fair trade) or responsible consumption

Task 3. Examples of responsible consumption in your country, you find interesting and worth sharing

It can include popular items (e.g., reusable pouches, bottles, straws, cotton pads, etc.) or initiatives (e.g. stores with everything on a scale, "coffee with your own cup").

In July 2019 the trainer will share with you the detailed guidance and tips for these three tasks.

What are you obligated to do after the training?

This is extremely important for us that participants from each country will share gained knowledge. Therefore, the group from each country will be obligated to conduct two dissemination events, after the training, in the period September – October 2019:

- i) workshop in their organization, where they will share gained knowledge and skills with other youth workers;
- ii) meeting with young people, during which they will use the gained knowledge and skills in practise.

Please note that conducting this activity is obligatory. Report from the event (photos and description) should be sent to us.



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Venue

The training will be held in Wisła, Poland.

Wisła is a beautiful town in southern Poland, close to the border with the Czech Republic and Slovakia.

Attractively situated at the source of the Wisla River, and surrounded by beautiful forests on nearby mountain slopes, Wisla is popular tourist destination. Known as the Pearl of the Beskid Mountains, it has breathtaking views and landmarks.

Participants will be accommodated in double and triple rooms with private bathroom, grouped by gender, with participants from different country.

Due to the fact that the Good Development Foundation promotes responsible consumption, meals served during the training will be exclusively vegetarian. Please make sure, that this rule is acceptable for you before committing for participation in this training.



Costs

Accommodation costs (programme activities, food and accommodation) are covered by Erasmus+. There is no participation fee.



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Travel

Travel costs will be covered, based on the country of participants, up to foreseen limits:

Bulgaria – 275 EUR
Cyprus – 360 EUR
Italy – 275 EUR
Macedonia – 275 EUR
Romania – 275 EUR
Portugal – 360 EUR
Slovakia – 180 EUR
Spain – 360 EUR

If you spend more, we will not be able to reimburse you over the above mentioned limit.

In order to have your travel cost reimbursed, you need to keep all tickets, boarding passes and any other documents connected to your travel. It is important to do it with documents for the entire travel distance – from your departure point to Wisła and the other way around (so only flights tickets are not enough).

Please keep in mind that we can reimburse you only for this transport, for which you have original tickets. So do not throw anything away!

While planning your journey, you need to keep the following things on mind:

1. Participants should arrive before 6 pm on 27th August 2019. The departure will take place on 4th September 2019 after breakfast. Please note that you cannot arrive later or leave earlier.
2. Unfortunately, the Polish National Agency is quite strict regarding the dates of travel. **It is impossible to stay longer in Poland.** The maximum difference is 1 day before or after the beginning of the training. Please note, that we are unable to cover cost of your additional night in Poland.

Insurance

For participants from EU countries health insurance is not provided and will not be reimbursed by the organizers. **It is required for every participant from EU country to have the EKUZ card**, which provides a free insurance for EU participants on the entire territory of the European Union.

The exceptions are participants from Macedonia, which cannot obtain EKUZ, as the country is not in the EU. They should purchase a private insurance for the time of travel and the training. It will be reimbursed (up to 25 EUR per person) on the base of the invoice.