

INFOPACK

"Storytelling for Tolerance"
2017-2-PL01-KA105-039324
Erasmus + Training,
4-11 December 2017
Wisła, Poland



Erasmus+

Co-funded by the European Union

Technicalities:

1) project venue

Ośrodek Wypoczynkowy „Orion”
ul. Spacerowa 7
43-460 Więła

<http://www.osrodekorion.pl>



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2) How to get there? Directions:

- **the closest airports:**

Katowice Pyrzowice 126 km from Wisła

Kraków Balice 147 km from Wisła

Ostrava (Czechy) 70 km from Wisła

Brno (Czechy) 230 km from Wisła

- **Polish trains:**

From Katowice and Kraków (through Katowice) to Wisła. Get out on the train stop in Wisła called WISŁA KOPYDŁO (from there, it's only 1100 metres to the ORION venue).

The timetable of trains: <http://rozklad-pkp.pl/en>

You can also check the buses <http://en.e-podroznik.pl/public/index.do?>

In case of late arrivals/early departures, contact the coordinator to ask for the possibility of the transfer from the airport. Please, consult your sending organization or the project coordinator in order to consult your travel arrangements.

Remember about the travel reimbursement limits for your countries:

- participants from Spain – up to **360 EUR** per participant,
- participants from Former Yugoslav Republic of Macedonia, Lithuania, Cyprus, Bulgaria, Romania and Italy – up to **275 EUR** per participant,
- participants from Hungary and Poland – up to **180 EUR** per participant.

3) Contact details to the coordinator:

In case of any questions, please contact the project coordinator:

Magda Matuszewska, youth@fundacjapocięcha.pl, (+48) 691 394 950.

4) Date of arrival: **03.12.2017 before 6 pm**

Date of departure: **12.12.2017 after 10 am**

In case you want to come earlier to Poland or depart later, it is allowed, but you will have to pay for your own accommodation and other expenses for that time. Please, consult this with the coordinator.



5) Remember to bring with you:

- the original version of the participants' form (application form) you filled out,
- comfortable shoes and a backpack, because one day we will have a short trekking in the mountains,
- everything you need for the intercultural evening
- positive energy :)

6) Accommodation:

- Participants will be accommodated with 2-,3- and 4-persons' rooms. They will be prescribed to the rooms in such a way that they will share rooms with participants from not their countries, but from other ones
- In order to practice their English and get to other cultures better.
- The bed linen is provided. Each room has its own bathroom.
- The consumption of alcohol, cigarettes, e-cigarettes or any drugs is strictly forbidden.



7) Description of the Project:

Objective of the training "Storytelling for Tolerance" are as following:

- to equip youth workers in knowledge and skills regarding Storytelling as a tool for changing attitudes and behaviour of young people, as well as promoting important values among them;
- to develop participants practical skills in using Storytelling in most effective way;
- to share experience and lessons learnt (both of participants and organizations) in using stories while working with youth (even though we did not realize at that time that we tried Storytelling);
- to discover how Storytelling can be used in work of participants and activities of their organizations, in order to help them to achieve their goals;
- to become more aware of opportunities that Storytelling gives as a tool of non-formal education;
- to establish a network of organizations and youth workers who are interested in the future cooperation regarding using Storytelling as a tool for changing behaviours and attitudes of youth at risk of social exclusion.

All participants were chosen by each organization on the following criteria:

- aged 18+ (no upper age limit);
- worker or active volunteer of our organization;
- knowledge of English that allow to actively participate in the project.
- person actively involved in the field of work with youth at risk of social exclusion within non-formal education;
- readiness to share their expertise and knowledge with other participants during the training;
- eagerness to share gained knowledge and skill with other youth workers in their organizations and local communities;
- strong motivation to promote tolerance in their local environment;

Participants of the Training "Storytelling for Tolerance" are 18 youth workers, aged 18+, who are either workers or active volunteers of participating organizations from 9 countries (Bulgaria, Cyprus, Hungary, Italy, Lithuania, Macedonia, Poland, Romania, Spain). Dear partners, please took a special care in order to ensure the gender balance - even though among participants there are slightly more women, none of the sex dominates significantly.



Participants of the training "Storytelling for Tolerance" will:

- gain knowledge regarding Storytelling and what factors need to be met in order to use it in an effective way;
- develop their practical skills in using Storytelling for changing behaviours and attitudes of youth, and promoting important values;
- learn from other participants mistakes and experience in this field;
- become more aware of opportunities that Storytelling gives as a tool of non-formal education;
- be more aware in which aspect of their work with youth, and field of activities of their organizations, Storytelling may be useful and effective.

Thanks to this, youth workers will be more confident of their qualifications and skills while working with young people, also those at risk of social exclusion.

Participants will be cooperating in international environment, with youth workers from other countries. Thanks to this, they will develop their competences regarding working in international groups as well as their multicultural communication skills. They will become even more tolerant and open to different cultures and different perspectives, which is undoubtedly extremely important in their work with youth.

As they will conduct lessons for Polish pupils (In nearby schools), they will be also more confident in being a youth workers in other country / culture / environment.

Because the training will be conducted in English, participants will improve their knowledge and practical skills in communicating in the foreign language.

In order to ensure active engagement of participants, each of national groups will prepare:

- "table" of their country for intercultural evening;
- presentation regarding their own experience and experience of their organizations (and lessons learnt) in using stories in working with youth;
- examples of online materials (e.g. videos) which, according to them, is a good example of engaging Storytelling.

DISSEMINATION

Active participation of both participants and organizations are foreseen.

Participants, within 2 months after the end of the training course, will conduct meetings for other workers and volunteers in their organizations (youth workers from other local organizations will be invited too). Organizations will be actively involved in sharing the materials created and information about the project





8) Poland – basic information



Currency: PLN (złoty) – 1 EUR = 4,40 PLN

Capital: Warsaw

Number of inhabitants: 38 mln

Political system: parliamentary republic

Area: 312,679 square kilometres (120,726 sq mi)

Poland - a member state of the European Union, NATO, the Schengen

Area, the United Nations, and the OECD.



9) Basic Polish phrases [source: <http://mowicpopolsku.com/>]

Greeting & Farewell

Hi -Cześć
Good evening - Dobry wieczór
Bye – Cześć
Good morning / afternoon / day - Dzień dobry
Goodbye - Do widzenia
Good night - Dobranoc
Sleep well - Śpij dobrze
See you - Na razie
See you tomorrow- Do jutra

General Conversation

Yes - Tak
No- Nie
Please / You're welcome - Proszę
Thank you (very much)- Dziękuję (bardzo)
Thanks- Dzięki
Excuse me / I'm sorry- Przepraszam

Introducing Yourself

Nice to meet you. - Miło mi cię poznać.
How are you? - Jak się masz?
Good, thank you. - Dobrze, dziękuję.
Not bad, thanks. - Nieźle, dzięki.
What's your name? - Jak się nazywasz?
My name is Adrian Kalinowski.
Nazywam się Adrian Kalinowski.
What's your first name? - Jak masz na imię?
My first name is Paweł. - Mam na imię Paweł.
How old are you? - Ile masz lat?
I'm (twenty nine) years old. - Mam (dwadzieścia dziewięć) lat.
What are you doing (at the moment)? - Co robisz (teraz)?
Where do you live? - Gdzie mieszkasz?
I live in Gdańsk. - Mieszkam w Gdańsku.
I'm from England. - Jestem z Anglii



Communication

I understand. - Rozumięm.

I don't understand. - Nie rozumięm.

What does that mean? - Co to znaczy?

I don't know. - Nie wiem.

10) Other information:

- The language of this training is **English**.
- Participants are responsible for their travelling and medical insurance. It is also advisable to buy luggage insurance.
- Participants who need Visa or invitation letter – please deal with the whole bureaucracy well in advance.
- Please send the logo of partner organizations.

